

# THE Woodlands AT FURMAN

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## **Woodlands to Celebrate One-Year Anniversary**

GREENVILLE, SC – The Woodlands at Furman will celebrate its first anniversary with a week’s worth of special events geared for the Upstate senior community.

The anniversary celebration will be highlighted by the unveiling of the Woodlands’ latest initiative, Masterpiece Living, which is an innovative model aimed at successful aging. Dr. Roger Landry, the president of Masterpiece Living, will be one of the celebration’s keynote speakers.

Each day of the celebration will focus on ways to create better living through social, intellectual, spiritual and physical means. Highlights include a healthy cooking demonstration by Chef Patrick Wagner of the Culinary Institute of the Carolinas; a symposium on Greenville Forward with Russell Stall, discussions with Greenville Symphony Maestro Edvard Tchivzel, television personality John Cessarich and former NFL great Sam Wyche, bike rides along the Swamp Rabbit trail, golf at Furman and Tai Chi and a concert by Jack Roper and the Weatherman Band.

The celebration starts on May 17 and runs through May 21. A full list of events open to Upstate seniors is below and each will be held at the community located at 1500 Trailhead Court in Greenville.

The Woodlands at Furman is a non-profit, mission driven continuing care retirement community owned and operated by a local board of directors and managed professionally by Greystone Communities. The 22-acre campus, adjacent to Furman University, opened in March 2009 and consists of 132 apartment homes in addition to The Arboretum, a separate, but attached section of the Woodlands, opened in June 2009. The Arboretum includes 32 assisted living apartments, 16 memory support suites and 30 skilled nursing suites. Residents enjoy a wide range of amenities - enabling them to continue an active and engaged lifestyle. For more information, please visit [www.thewoodlandsatfurman.org](http://www.thewoodlandsatfurman.org) or call 864-371-3100.

(more)

## **Schedule of Events**

### **Monday, May 17**

1 p.m.: Social with John Cessarich, the chief meteorologist with WYFF in the Upstate and seven-time television personality of the year.

3 p.m.: Woodlands' Got Talent, a performance by residents and staff guaranteed to entertain.

### **Tuesday, May 18**

11 a.m.: Learn the benefits of healthy cooking with Chef Patrick Wagner of the Culinary Institute of the Carolinas.

3 p.m.: What is the future of Greenville? You won't need to guess after talking to Russell Stall, the executive director of Greenville Forward. This is the group charged with implementing the area's master plan for growth over the next 25 years.

### **Wednesday, May 19**

9 a.m. to 1:30 p.m.: Drumming Circle aimed at the spiritual side of life.

3 p.m.: Greenville Symphony Orchestra's Edvard Tchivzhel will discuss his defection from the former Soviet Union with the help of Greenville attorney Larry Estridge.

### **Thursday, May 20**

11 a.m.: Pickens County Councilman Sam Wyche will discuss physical fitness and motivate people to get outside. Why is Wyche well versed in this? The former Furman star played almost a decade in the NFL, and later coached the Cincinnati Bengals to a Super Bowl in 1989.

2 p.m.: Get going. Bike rides on the Swamp Rabbit, tee times for nine holes at the Furman golf course and Tai Chi classes are available.

### **Friday, May 21**

1 p.m. Keynote speech by Dr. Robert Landry on the benefits of Masterpiece Living. This is the latest program being offered by the Woodlands to help spark a more successful retirement lifestyle.

5 p.m.: Listen to some old time rock and roll with Jack Roper and the Weatherman Band.